

		Gluten	Egg	Milk	Celery	Mustard	Fish	Crustacean	Nuts	Peanuts	Sesame Seeds	Soya Beans	Lupin	Mol-luscs	Sulphur Dioxide
<u>Scotch Egg</u>	Scotch Egg Dijon Mustard Peashoots	Yes	Yes		TRACE	Yes TRACE									Yes
<u>Prawn Cocktail</u>	Prawns Prawn Cocktail Sauce Coburg Butter	Yes	Yes	Yes				Yes							
<u>Soup</u>	Soup Coburg Butter Crutons	Yes Yes		Yes Yes TRACE	Yes				TRACE		TRACE	TRACE			
<u>Wings</u>	Wings BBQ Sauce Coleslaw Blue Cheese Sauce Celery	Yes (F) Yes	Yes		Yes Yes	Yes Yes	Yes		TRACE	TRACE			Yes		
<u>Mini Camembert</u>	Mini Camembert Chutney Mini Loaves Herb Crust Butter	Yes Yes		Yes Yes											
<u>Bread + Homous</u>	Pitta Dippers Bloomer Bread Oils Homous Tomatoes	Yes Yes(F) Yes									Yes				Yes Yes
<u>Lamb Kebabs</u>	Lamb Halloumi Harissa Rub Peppers Mint Mayo		Yes	Yes		Yes									
<u>Mackerel Fillet</u>	Mackerel Fillet Parsley Mayo Apple Cubes Green Salad Vinaigrette		Yes		Yes							Yes			Yes

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<u>Sirloin</u>	Sirloin Chips Onion Rings	Yes (F) Yes													
<u>Fillet</u>	Fillet Chips Onion Rings	Yes (F) Yes													
<u>Mixed Grill</u>	Sirloin Gammon Lamb Chop Chips Onion Rings Tomato Black Pudding Egg Sausages	Yes (F) Yes Yes Yes	Yes												Yes
<u>Rump</u>	Rump Chips Onion Rings Mushroom Tomato	Yes(F) Yes													Yes
<u>Gammon</u>	Gammon Egg Pineapple Chips Tomato	Yes (F)	Yes												
<u>Beef Burger</u>	Burger Bun Salsa Chips Cheese	Yes TRACE Yes (F)	Yes TRACE	Yes TRACE	TRACE	TRACE					TRACE	Yes TRACE			Yes TRACE
<u>Scampi</u>	Battered Scampi Chips Tartare Peas	Yes Yes (F)	Yes		Yes			Yes							Yes

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<u>Cod</u>	Battered Cod Chips Pea Puree Tartare	Yes Yes (F)	Yes		Yes		Yes								Yes
<u>Lamb Rump</u>	Risotto Base Lamb Rump Rosemary Jus	TRACE	TRACE	Yes		Yes									
<u>Salmon Burger</u>	Burger-Salmon Burger Bun Lime Mayo Sweet Pot Fries	Yes Yes Yes (F)	Yes Yes Yes	Yes	Yes Yes							Yes			
<u>Steak + Kidney Pie</u>	Pie Mix Pastry Chips Gravy Seasonal Veg	Yes Yes Yes (F)	TRACE Yes	TRACE											
<u>Pulled Pork Burger</u>	Burger Bun Pulled Pork Mix Skinny Fries	Yes YES (F)	Yes	Yes	Yes							Yes			Yes
<u>Cajun</u>	Chicken Chips Mango Salsa Mixed Salad	Yes (F)													
<u>Penang Curry</u>	Curry Rice Pitta	Yes													
<u>Veggie Burger</u>	Veggie Burger Bun Chips Creme Fraiche	Yes Yes Yes (F)	Yes Yes	Yes Yes		Yes							Yes		

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<u>Risotto</u>	Risotto			TRACE		Yes									Yes
<u>Country Fried Burger</u>	Chicken Fillets Burger Bun Halloumi SPF	Yes Yes Yes	Yes	Yes Yes Yes							Yes				Yes
<u>Tagliatelle</u>	Pasta Pasta Mix Parmesan Rocket Chicken	Yes	TRACE	Yes Yes											Yes
<u>Roast Beef</u>	Beef Roast Pots Gravy Seasonal Veg Yorkshire	Yes	Yes	Yes Yes											
<u>Roast Lamb</u>	Lamb Roast Pots Gravy Seasonal Veg			Yes											
<u>Montery Chicken</u>	Chicken Cheese BBQ Sauce Bacon Chips Salad	Yes (F)		Yes	Yes										

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<u>Whitebait</u>	Whitebait Tartare	Yes	Yes		Yes		Yes								Yes
<u>Ham + Egg + Chips</u>	Ham Egg Chips	Yes Yes (F)	Yes												
<u>Cajun Ba-quette</u>	Baguette Chicken Salad Mayo	Yes													
<u>BLT Ba-quette</u>	Baguette Salad Bacon	Yes													
<u>Hot Dog</u>	Hot Dog Brioche Roll Dijon Mayo Chips	Yes Yes (F)	Yes Yes	Yes	TRACE Yes	TRACE									
<u>Steak Ba-quette</u>	Baguette Fried Onions Sirloin Rocket	Yes Yes (F)													
<u>Duck Salad</u>	Duck Plum Sauce Watercress	Yes										Yes			

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<u>BBQ Melt</u>	Baguette BBQ Mix Mixed Salad Cheese	Yes		Yes	Yes										
<u>Tuna Melt</u>	Baguette Tuna Mix Cheese Mixed Salad	Yes	Yes	Yes	Yes		Yes								
<u>Ploughmans</u>	Ham Cheese Pickles Onion Chutney Pickled Chutney Baguette Scotch Egg	Yes Yes Yes Yes	 Yes	Yes											Yes Yes
<u>Ham + Cheddar Sandwich</u>	Bread Ham Cheese Butter	Yes Yes		Yes Yes											
<u>Prawn Sandwich</u>	Prawns Prawn Sauce Bread	Yes	Yes					Yes							
<u>Cheese + Pickle Sandwich</u>	Bread Cheese Pickle Butter	Yes Yes		Yes Yes											Yes
<u>Tuna Mayo Sandwich</u>	Tuna Mayo Bread	Yes	Yes		Yes		Yes								

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<u>Chips</u>	Yes (Fryers)													
<u>Chimmichurri Sauce</u>														Yes
<u>Onion Rings</u>	Yes													
<u>Garlic Baquette</u>	Yes		Yes											
<u>Garlic Mozz Baquette</u>	Yes		Yes											
<u>Dough Balls</u>	Yes		Yes											
<u>Portobello Side</u>														
<u>Sweet Potato Fries</u>	Yes (Fryers)													
<u>Skinny Fries</u>	Yes (F)													
<u>Stilton Sauce</u>			Yes											
<u>Pepper Sauce</u>			Yes											
<u>Market Vegetables</u>														

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<u>Waffles</u>	Waffle Toffee Sauce Vanilla I/C Clotted Cream	Yes	Yes	Yes Yes Yes Yes								Yes			
<u>Cheesecake</u>	Cheesecake Clotted Cream Raspberry Coulis	Yes	Yes	Yes Yes								Yes			
<u>Cherry Crumble</u>	Crumble Custard	Yes	Yes Yes	Yes Yes					OATS						
<u>Brownie</u>	Brownie Chocolate Sauce Vanilla I/C	Yes	Yes	Yes Yes Yes					TRACE TRACE						
<u>Eton Mess Sundae</u>	Berries Meringue Raspberry Sauce Whipped Cream		Yes	Yes											
<u>White Toffee Crisp</u>	Toffee Crisp Toffee Sauce	Yes		Yes Yes					TRACE						
<u>Cheeseboard</u>	Cheeses Onion Chutney Grapes Biscuits			Yes Yes											
<u>Lemon Meringue Pie</u>	Pie Raspberry Sauce Clotted Cream	Yes	Yes	Yes											
<u>GF Brownie</u>	GF Brownie Chocolate Sauce Vanilla I/C		Yes	Yes Yes Yes					Yes			Yes			
<u>GF Sticky Toffee</u>	GF Pud Custard Toffee Sauce		Yes	Yes Yes Yes											

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<u>Vanilla I/C</u>			Yes											
<u>Chocolate I/C (Dairy Free)</u>		Yes												
<u>Mint Choc Chip (Dairy Free)</u>														
<u>Banana I/C</u>			Yes											
<u>Bubblegum I/C</u>			Yes					TRACE	TRACE					
<u>Kids Vanilla</u>		TRACE	Yes					TRACE	TRACE					
<u>Kids Chocolate</u>		TRACE	Yes					TRACE	TRACE					
<u>Kids Strawberry</u>		TRACE	Yes					TRACE	TRACE					
<u>Apple Sorbet</u>														
<u>Raspberry Sorbet</u>														
<u>Blood Orange Sorbet</u>														